

Osteoporosis Prevention:

A Workshop on Calcium, Vitamin D and other Nutritional Aspects
Sponsored by the Centre of Clinical Research Excellence in Nutritional Physiology

March 5 and 6 2010, Adelaide, South Australia

c cre



Advisory Panel

Katrine Baghurst
Peter Ebeling
Graeme Jones
Jennifer Keogh
Deborah Kerr
Rebecca Mason
Caryl Nowson
Richard Prince
Ian Reid
Markus Seibel
Stewart Truswell

Local Organising Committee

Christopher Nordin (Chairman)
Howard Morris
Peter Clifton
Tim Murphy (Executive Officer)

tim_murphy@adelaide.edu.au
Tel +61 8 8222 2960
Fax +61 8 8223 3870

Eleanor Harrald Building,
Royal Adelaide Hospital,
University of Adelaide,
SA 5005
AUSTRALIA

Welcome

On behalf of the Advisory Panel and the Local Organising Committee, we welcome you to the 2010 'Osteoporosis Prevention: a workshop on Calcium, Vitamin D and other nutritional aspects'. The workshop will be held in the Banquet Room of the Adelaide Festival Centre on March 5 and 6, 2010.

A draft programme is attached.

Registration (including access to all sessions, lunch, morning and afternoon tea)

Two day Early Bird (register by January 15, 2010) \$175
Two day (register after January 15, 2010) \$250
Single day \$125

You are invited to submit an abstract

Abstracts for verbal presentation and posters should include the following sections: Title in upper case, Authors (presenter underlined), Addresses, Introduction, Methods, Results, Discussion and Conclusions. All margins are to be set at a 2.54 cm, font in Times New Roman at 10 point with justified text. Files should be saved as 'SURNAME_OP10.doc'. Abstracts to be sent via e-mail to tim.murphy@adelaide.edu.au. There is no limit on word count but the abstract should fit comfortably on an A4 page. Titles and authorship will appear on our website from the first day of the meeting. (www.adelaide.edu.au/ccre-nutrition).

Accommodation

A range of accommodation within walking distance of the Adelaide Festival Centre is available. Please contact Tim Murphy (tim.murphy@adelaide.edu.au) if you would like assistance with your accommodation booking.

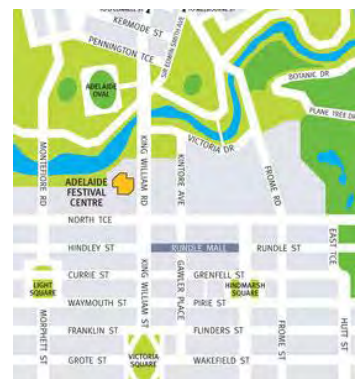
A number of rooms have been reserved at the Mercure Grosvenor Hotel for \$155.00/night.

Other hotels near the workshop venue include:
Stamford Plaza Adelaide
The Sebel Playford Adelaide
Hyatt Regency

Conference dinner

Conference dinner at Festival Centre
\$60 (drinks not included)

We acknowledge support from the following organisations



Government of South Australia
SA Health
Working Party on Prevention of Osteoporosis and Fractures



Baker IDI
HEART & DIABETES INSTITUTE



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Draft Programme

Friday 5 March 2010

- 10:00am Registration
10:30am Coffee on arrival
10:50am Official Welcome

Michael Horowitz

Session One

Physiology

Chair: Michael Horowitz

- 11:00am – 11:30am The Calcium and Vitamin D paradigm Christopher Nordin
11:30am – 12:00pm Experimental evidence for the effects of Calcium and Vitamin D on bone Howard Morris
12:00pm – 12:30pm Clinical evidence for the effects of Calcium and Vitamin D on bone Richard Prince
12:30pm – 12:45pm General Discussion
12:45pm – 1:30pm Lunch and Posters

Session Two

Applied Physiology

Chair: Deborah Kerr

- 1:30pm – 1:50pm Salt and bone Jennifer Keogh
1:50pm – 2:10pm Protein and bone Peter Clifton
2:10pm – 2:30pm Calcium, Vitamin D and bone markers Markus Seibel
2:30pm – 2:50pm Calcium, Vitamin D, muscle function and exercise Robin Daly
2:50pm – 3:20pm Fracture prevention with Calcium and Vitamin D Caryl Nowson
3:20pm – 3:45pm Break and Posters

Session Three

Potential risks of Calcium Therapy

Chair: Graeme Jones

- 3:45pm – 4:15pm Danger of calcium supplementation Ian Reid
4:15pm – 4:30pm Calcium and aortic calcification in men Peter Ebeling
4:30pm – 4:45pm Physical chemistry of calcium phosphate Christopher Nordin
4:45pm – 5:05pm Pathology of vascular calcification Tony Thomas
5:05pm – 5:35pm Safety of calcium supplementation Richard Prince
5:35pm – 6:00pm General discussion
6:00pm Close. (Meeting of Advisory Panel)
7:30pm Dinner at Festival Centre



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Saturday 6 March

Session Four

Free Communications

Chair: Geoff Nicholson

9:00am – 10:30am Free Communications

10:30am – 11:00am *Coffee break and Posters*

Session Five

Nutrition

Chair: Katrine Baghurst

11:00am – 11:20am How to calculate calcium requirement

Christopher Nordin

11:20am – 11:40am Can we calculate Vitamin D requirement?

Rebecca Mason

11:40am – 12:00pm The role of Vitamin D metabolism in determining
Vitamin D requirement

David Fraser

12:00pm – 12:30pm Discussion

12:30pm – 1:15pm *Lunch*

Session Six

Future Plans

Chair: Howard Morris

1:15pm – 1:45pm Is universal bone densitometry at menopause desirable?

Michael Horowitz

1:45pm – 2:15pm Value of informing women of their bone density

Tania Winzenberg

2:15pm – 2:30pm *Coffee break*

Session Seven

Concluding Discussion and Consensus Statement

Chair: Stewart Truswell

2:30pm – 4:00pm Panel to be announced

4:00pm Closure by Chairman

5:00pm Possible Public meeting (to be advised)



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Payment

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Two day (register after January 15, 2010) \$250 _____
Single day \$125 _____
Conference dinner (without drinks) \$60 _____

Accommodation (Mercure Grosvenor Hotel)

Standard Room – 1 Queen Bed \$155/00 per night room only _____

Arrival Date...../.....

Departure Date...../.....

Payment Options for the Osteoporosis and Nutrition conference 5th and 6th March 2010.

Credit card details

Visa Mastercard

Credit card number

Expiry Date

...../.....

Amount

\$.....

Card Holders Name (please print)

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Signature

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Once completed, please return form to Tim Murphy via e-mail (tim.murphy@adelaide.edu.au), fax (08 8223 3870) or mail.

Tim Murphy,
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